

TARAKLI  TERMAL

TARAKLI  TERMAL
Turizm



Its service and activities, healing water
and nature guarantees the healthiest
and most joyful holiday experience.

Holiday Diary

Holiday and health at once...

Setting off from Istanbul.

After two hours we are in Taraklı Termal.

You will not go for hours just for a holiday.

That's the real holiday.

Forest and holiday village together.





TARAKLI TERMAL

*We're going holiday
and we're full of energy.*

*Arrived there so quickly.
We experienced fresh air of Tarakli and
we'll go to our room.
But our road under the shade of trees makes us desire
that this road never ends.*

*Towards to
peace and comfort*

*As soon as we enter inside,
We are sincerely welcomed.
Friendship and happiness
feelings embrace us!*





As if at home...

Just as we think, a wonderful architecture gives us peace at our first steps. Everywhere is clean and ready and waits us with its all comfort. Now it is time to sit and enjoy holiday.

*Fresh air
made us feel
hungry...*

*Endless possibilities at open buffet, luckily
we bought our timeshare property from Termal.*

*We are landlord. we can prefer to eat at
whether our room or in restaurant
experiencing 5 star comfort.*





*Without worrying
about children*

First time we have such a comfortable holiday
without worrying about children.
While they enjoy, We'll relieve tiredness of whole
year with healing thermal waters of Tarakū.
Various activities are planned
for children of each age group. It is excellent.

*There is no need go to
other places for shopping.
Bazaar is so close to us*

Shopping pleasure is also very important.
Tarakli is so close but here also
we have a big bazaar.
A unique ottoman style bazaar
with its thirty five shops





Architectural Structure

*Aesthetic buildings having a bay window,
arbor balconies with wood carving,
cobble stone roads,
wide streets, green is everywhere.*

*Optional dining
at your room...*

*Finally meals
They all look tasty
Personnel are genial.
All are excellent.*





Touching the green....

We are in one of most peaceful places in the world.
In our trips, when we hear sounds of wind
and birds, we adore more.
Here is also a historical place.
it can be visited by walk.
There are a lot of places to see around us.

Power of Water...

We saw so many places.

Now, we are tired.

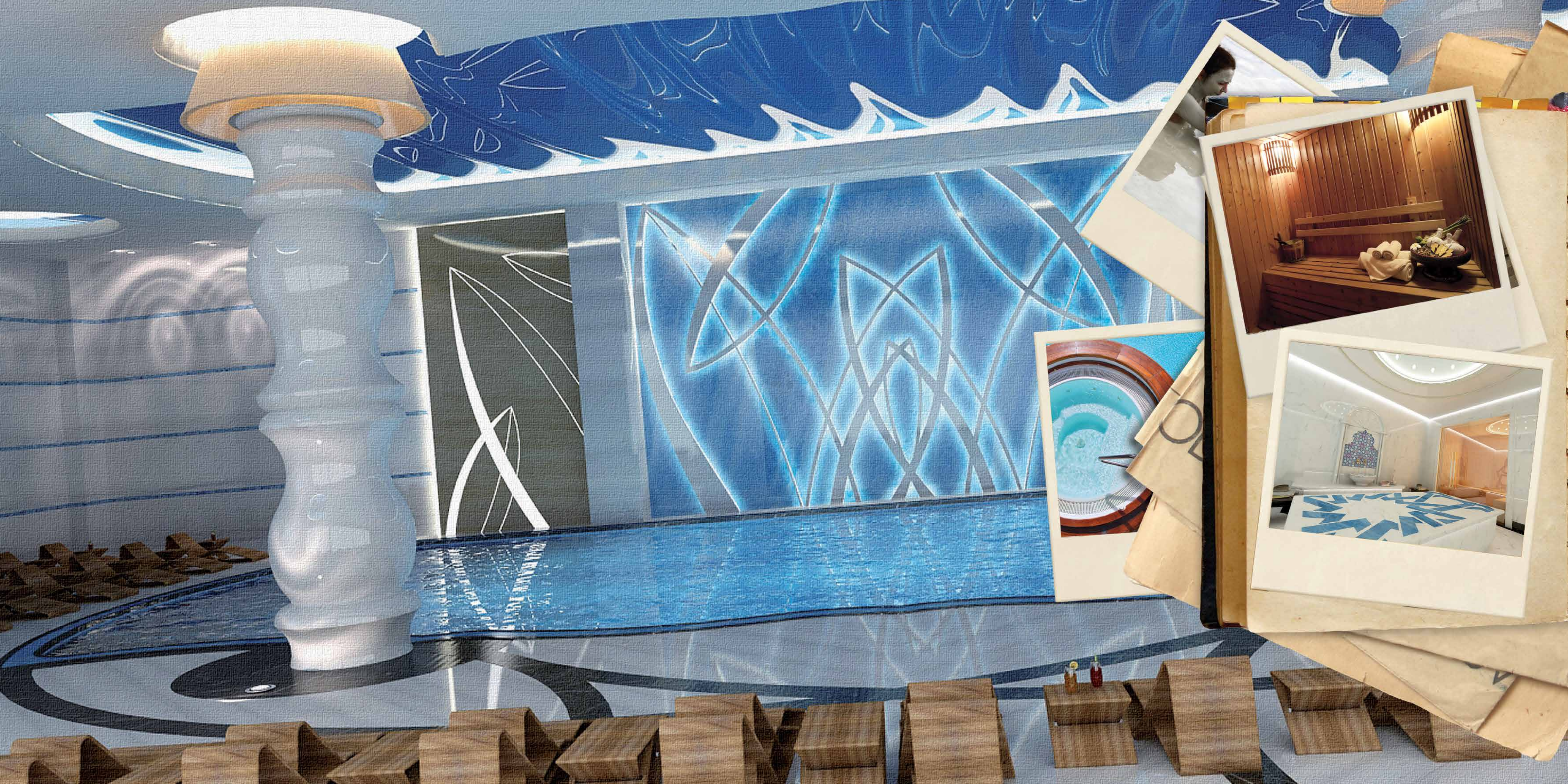
We deserved a good rest in Taraklı Thermal.

This place has a very special water.

It makes us feel as if we reborn.

Goodbye tiredness.





Spa Center

- Swiss massage
- Sport massage
- Renewing peeling body care
- Balancing moss body care
- Turkish Bath therapy
- Hand and foot paraffin care
- Hydro therapy séance
- Herbal Bath
- Clay care
- Coffee Peeling
- Medical Massage
- Aroma therapy massage
- Classical skin care
- Paraffin bath
- Mud bathes





*Many activities
both indoor
and outdoor...*

*You'll be full of life here.
There are many activities to do.
Thermal pools, fitness centers, sport fields,
aquapark, billiard, air hockey, paintball,
walking-track, bicycle, ATV... Cafes, restaurants...*

Fun Time...

And finally fun time, at the end of the night
There are many activities in multipurpose hall.

Movies, concerts, special shows,
talks with artists and authors...
or domino, backgammon like games.

All for us.





TARAKLI TERMAL

Private Meetings...

- Convention Center
- Multi Purpose Hall 1100 person
- 1 Meeting Hall 300 person
- 2 Meeting Hall 250 persons
- 2 Meeting Hall 150 persons
- 1 Business Office

1+1 Floor Plan

Area	
Flat Gross Area	82.27 m ²
Flat Net Area	68.81 m ²
Hall + Kitchen	26.76 m ²
Bedroom	14.28 m ²
Hallway	5.36 m ²
Bath	9.11 m ²
Balcony	7.79 m ²
Store	2.64 m ²
Washbasin	2.87 m ²



2+1 Floor Plan

Area	
Flat Gross Area	100.27 m ²
Flat Net Area	83.28 m ²
Hall + Kitchen	34.61 m ²
Bedroom 1	10.46 m ²
Bedroom 2	14.83 m ²
Hallway	5.36 m ²
Bath	7.62 m ²
Balcony	6.97 m ²
Washbasin	3.43 m ²

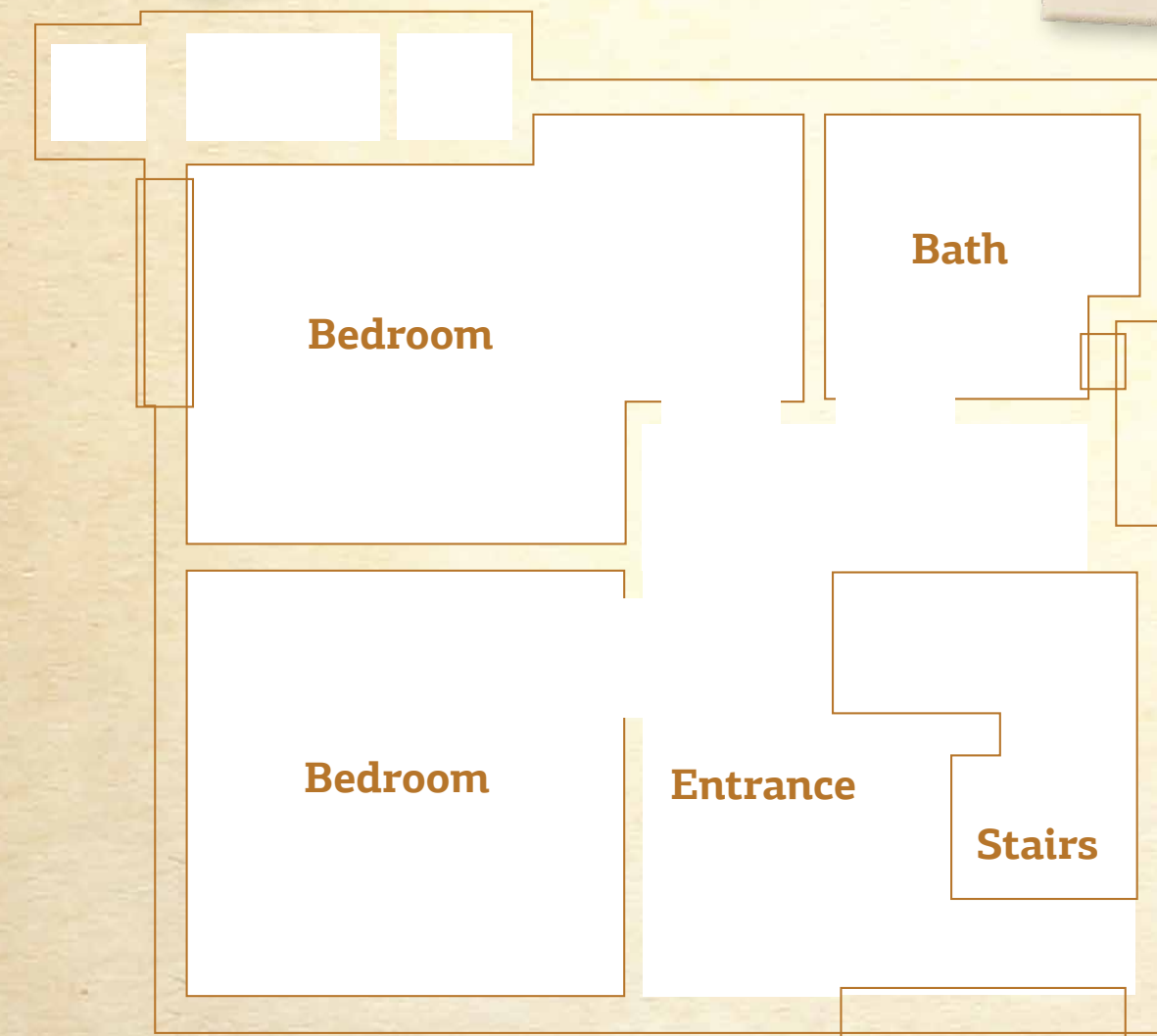


Dublex 4+1 Floor Plan

Ground Floor Area		Second Floor Area	
Flat Gross Area	150.17 m ²	Bedroom 1	11.27 m ²
Flat Net Area	117.14 m ²	Bedroom 2	8.81 m ²
Hall + Kitchen	34.61 m ²	Hallway	8.46 m ²
Bedroom 1	10.46 m ²	Bath	3.96 m ²
Bedroom 2	14.83 m ²		
Hallway	9.72 m ²		
Dressing Room	4.57 m ²		
Balcony	6.97 m ²		
Washbasin	3.43 m ²		



Ground Floor



Second Floor





Health at your every moment...

Health of me and my family
Your health is under control every moment,
with professional medical team of Taraklı Thermal.

Benefits of Hot springs

Hot springs have many colloquial names such as; "ılıca", "kaplıca", içmece, "çermik", girme" etc.

They are good for many problems such as; gynecological problems, stomachache, eczema, respiratory diseases etc. Temperature of hot spring should be between 36-38 C equal to body temperature. Temperature should not exceed 38 C.

Which factors do the effectiveness of Hot Spring depend?

- Temperature of the water
- chemicals those it contains
- microscopic organisms in the source region
- air humidity
- air temperature
- atmospheric pressure
- Wind
- Usage
- region of thermal holiday village should be supported by sea or forest.

What diseases are Hot Springs good for ?

- Liver and Gallbladder Disease
- Heart and blood vessel diseases
- Obesity Treatment
- Diabetes
- osteoporosis
- Stress and Neurological Disorders

Treatment Season

Generally speaking, there is no season of hot spring treatment. But tradition has created a season of it. A person may choose an appropriate time. But fall, winter and spring are best seasons.



1 Rheumatic Diseases

- Degenerative Joint Diseases
- Inflammatory Rheumatic Diseases
- Soft Tissue Rheumatism

4 General Health Enhancement

- Any Age (Wellness / Preventive Cure)
- Old Age (Youth Cure)

2 Loco-motor System

- Chronic Low Back Pain,
- Other Painful Conditions
- Traumatic lesions
- Post Operation Situations

5 Skin Diseases

- Psoriasis
- Dermatitis / Eczema
- Acne

3 Endocrinal (Hormonal) Situations

- Menstrual Cycle Disorders
- endocrine Dysregulation
- As a Functional Regulator

6 Nervous System related issues

- Neurovegetatives Dystonias
- Neuralgias

Properties of Thermal Water

MINERAL VALUES

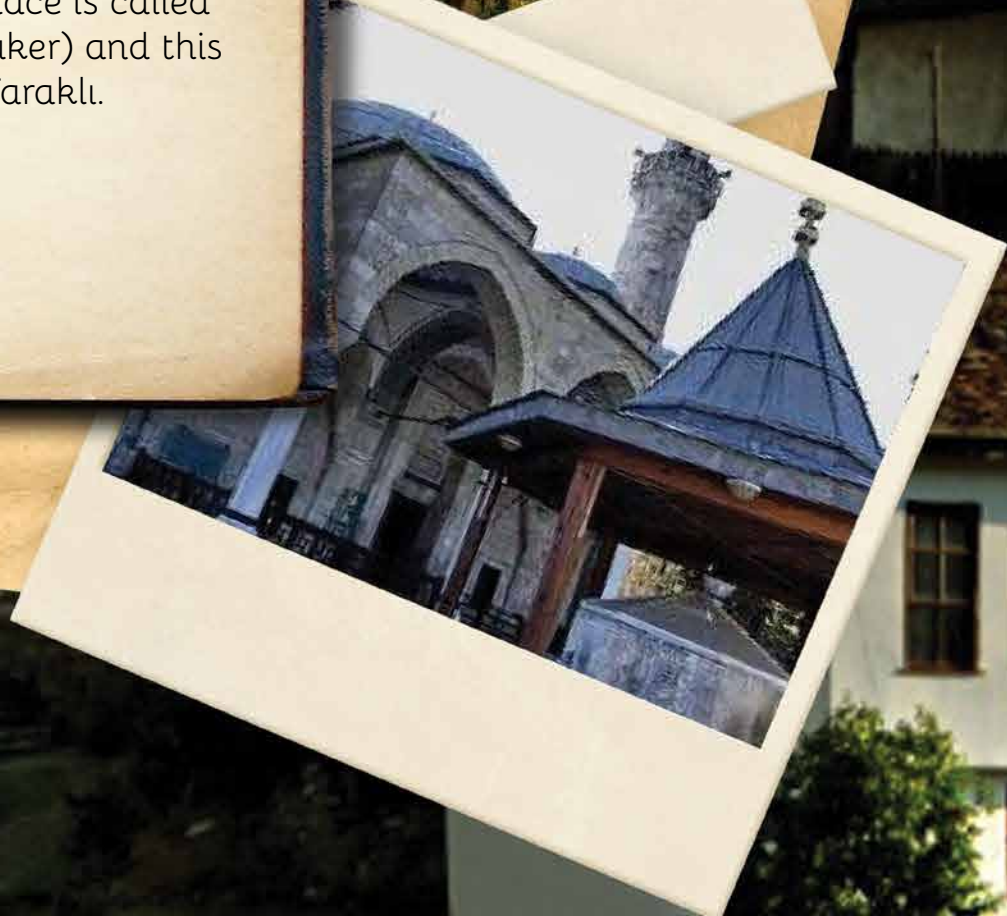
Sodium	mg/L	32,2
Potassium	mg/L	5,3
Magnesium	mg/L	24,6
Calcium	mg/L	132
Manganese	mg/L	0,02
Iron	mg/L	0,2
Fluoride	mg/L	1,42
Chlorine	mg/L	6,99
Sulfate	mg/L	17,57
Bicarbonate	mg/L	585
Silicon	mg/L	35,8
Boron	mg/L	2,3

Taraklı...

Taraklı is a district at the southeast of Sakarya.

It is 65 km away to city center and 200 km away to Istanbul and Ankara. Before Ottoman State founded, during the period of Ertugrul Gazi, Samsa Çavuş, Commander of Osman Gazi attacked Sorkun, Yenice Tarakçı (Taraklı) and Goyunuk regions in Sakarya Valley where christian people live and conquered and took from Byzantium.

Harman Kaya Bey Köse Mihail who was in a collaboration with Samsa Çavuş has contribution for adding Taraklı to Ottoman Land. Famous Ottoman era traveler Evliya Çelebi in his travel book mentioned that, local inhabitants of Taraklı used to produce wooden spoon and comb, therefore this place is called as Yenice Tarakçı (New Comb Maker) and this name changed in time as Taraklı.





Historical Caravanserai

Taraklı is on the way of Baghdad, therefore its historical caravanserai shows Taraklı's magnificent history to the visitors.

Taraklı Streets

Streets between historical buildings are made of cobblestone. There are resting stones for people who carrying something to rest.

Oriental Plane Tree

There is a seven hundred years old Oriental Plane Tree at the Yusuf Bey neighborhood of the district. It still continues to move Ottoman spirit to the new generations

Hisar (Fortress) Hill

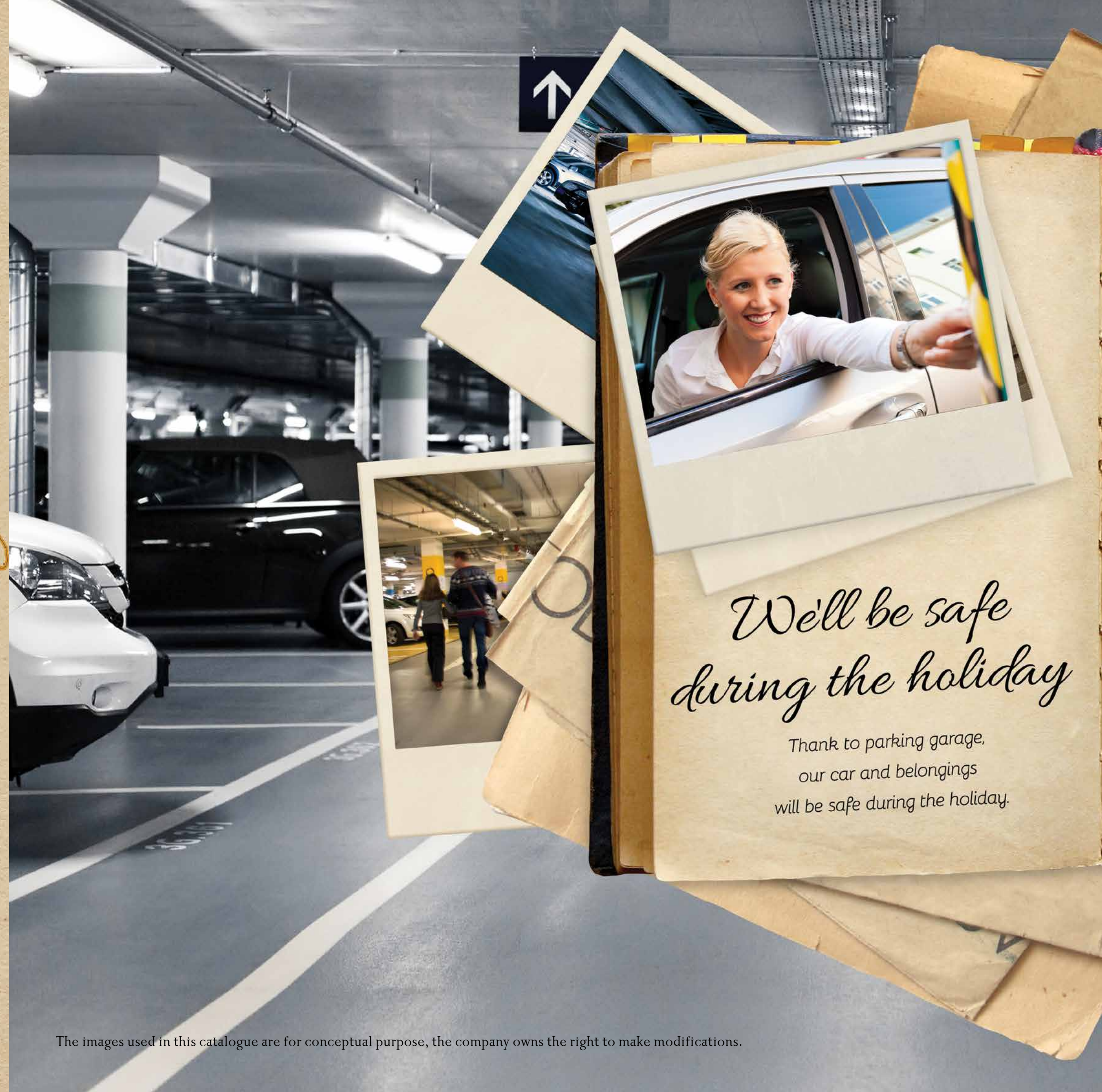
Hisar (Fortress) Hill which has a strategic importance in defense of town is like castle of the district with its aqueduct ruins.

Taraklı Houses

Some of historical Taraklı Houses are older than 3 centuries. The general characteristics of these houses are three-storey house which formed Ottoman city texture format.

Karagöl Spring

The Distance Between Tataklı Termal 10 min.



TARAKLI TERMAL

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